



## Items needed for Papa's Pantry!

### Drinks:

\*Coffee  
Tea Bags  
Kool-aide, crystal-lite,  
etc.  
Juice

### Breakfast:

\*Cereal  
Cereal/Power Bars  
Cream of Wheat  
\*Grits  
\*Oatmeal  
\*Pancake mix/syrup

### Lunch/Dinner:

"Boxed Meals"  
Peanut Butter  
Jelly & Jams  
Macaroni &  
Cheese

### \*Meats

#### canned:

Beef, Chicken, Salmon,  
Spam, Tuna  
\*Soup (Chicken Noodle  
is Favorite!)  
Spaghetti & \*Sauce  
\*Instant/Boxed  
Potatoes  
\*Rice: brown &  
white  
\*Misc. Pastas/ Rice  
dishes

### Baking:

Baking Powder  
Baking Soda  
Cake mixes  
Flour, white, self rising  
& wheat  
\*Sugar

### Fruit Canned or

#### Packaged:

Applesauce  
Mandarin Oranges  
Mixed Fruit  
Peaches  
Pears  
Pineapple  
Raisins

### Vegetables:

Asparagus  
Beets  
Carrots  
Greens-Collards,  
Spinach  
Mushrooms  
Sauerkraut  
Tomatoes

### Condiments:

Barbecue Sauce  
Catsup/Mustard  
\*Mayonnaise  
Oil: Canola, Corn, or  
Olive  
\*Velveeta Cheese  
Salad Dressings (Ranch  
is favorite)  
\*Seasoning Packets, ex:  
taco, chili, gravies  
Spices

### Diabetic food items:

Snacks  
Pet foods  
Kitty Litter

### Perishable Items:

Bagged Apples  
Bagged Onions  
Bagged White Potatoes  
Fresh Sweet Potatoes  
Bagged Onions

### Baby Items:

\*Diapers, size 2 &  
up  
\*Pull-ups  
Wipes/ Ointment/  
Powder

### General Cleaning:

Laundry Detergent  
Fabric Softeners  
Liquid Dish soap  
\*Foil / Plastic Wrap

### Personal Hygiene:

Soap  
Toothbrushes  
Toothpaste  
Shampoo/Conditioner  
Deodorants  
Feminine Products